



# Kayak Rentals

## PADDLING DISTANCES AND SPEEDS

### Paddling Distances

- From Base to Yacht Club: 1.25 miles
- From Base to end of channel: 2 miles
- From Yacht Club to Green Key: 0.8 miles
- From Green Key to Durney Key: 1.75 miles
- From Base to Durney Key: 4 miles

### Paddling Speeds

- A lazy relaxed paddle: 2-3 mph
- A firm brisk paddle: 4 mph
- A hard workout paddle: 5-6 mph

